



E-Learning Summer Series 2020

Release Date: August 24th

For more details visit:
commonwealthpreventionalliance.org/e-learning/summer-series/

IN PARTNERSHIP WITH



CPA E-Learning 2020 Summer Series Videos

To be released on August 24th

Universal Behavioral Health Screening in Schools (.50 PCB Credit Hours)

Perri Rosen, Ph.D., N.C.S.P. - PA Office of Mental Health and Substance Abuse Services
Stephen Sharp, M.Ed -Hempfield Area School District

Screening is a key component of comprehensive school-based suicide prevention efforts. Generally, youth are willing to self-disclose thoughts of suicide when asked directly, and screening – particularly universal screening – has the potential to identify at-risk youth that may not have otherwise come to the attention of school staff. This presentation will provide a rationale for universal behavioral health screening in schools, while outlining practical barriers, opportunities, and key considerations for school personnel. Information about the Behavioral Health Screen (BHS), a standardized and validated online measure that screens youth across 13 behavioral health domains, will also be shared.

All Things SBIRT: Using Screening and Brief Interventions in Higher Education Settings (.50 PCB Credit Hours)

Donna George, M.S. - PA State System of Higher Education AOD Coalition

This workshop is geared toward both professionals who work in the collegiate setting and those who do not. The workshop will take a look at the use of Screening, Brief Intervention, and Referral to Treatment (SBIRT) in the collegiate setting. New and ongoing research, models, and trends surrounding SBIRT will be explored including electronic use of it. An overview of the PCCD funded, PA State System of Higher Education's SBIRT pilot project will be given.

Recovery INCLUDES Nicotine; Moving the Needle with Behavioral Health Populations, Youth & Adults (.50 PCB Credit Hours)

Katie Gassner, B.A., C.T.T.S. - Mercer County Behavioral Health Commission

Are you encouraging or discouraging recovery in individuals with Nicotine Use Disorders? Learn simple words and ways to promote nicotine-free lifestyles for youth as it relates to vaping and in Behavioral Health and Substance Use Disorder settings. Life happens fast and we have no time for reinventing, so let's share what works in our communities and learn how to promote free resources as it relates to tobacco/ENDS prevention and intervention.

E-Cigarettes: Linking Policy and Prevention (.50 PCB Credit Hours)

Molly Pisciotano, M.H.A. - American Lung Association

This presentation outlines the history of tobacco and e-cigarettes, current e-cigarette trends, health risks associated with using e-cigarettes, and tangible ways to address the e-cigarette epidemic, including but not limited to: federal, state, and local policies; school and campus policies; cessation and prevention programs; and resources for prevention professional. This presentation also discusses current programs and legislation in Pennsylvania.

Current Drug Trends (.50 PCB Credit Hours)

Emilie Greiner, M.S. - Armstrong-Indiana-Clarion Drug and Alcohol Commission (AICDAC)

Identifying current drug trends in the state based on PAYS data and referrals from SAP teams. AICDAC will give an overview of each substance that has been identified, such as vaping, alcohol, marijuana, opioid use, and the rise of meth, identifying the potential risk factors, signs and symptoms, then discussion around how SAP teams work to engage youth who use substances as well as family engagement. The presentation will touch on how to work with families who are also using substances, the barriers associated with this as well as how to engage them from an SAP team perspective. The presentation will also touch on how to engage family members who are raising youth due to substance use in the family.

The ABC's of BAC: Why That Matters to Us (.50 PCB Credit Hours)

Dan Gittens, Ed.D. - Duquesne University

People hear the term BAC frequently, but do they really know what that means? What are the personalities that emerge? What level BAC is the "Happy Hour" mentality? At what level would we expect to see the "Life of the party Drunk?" or the "Emotional Drunk?" Or the "Aggressive drunk?" When does it become clinically dangerous? This workshop will answer these questions and give some tools to prevention specialists whether in the community or in the University setting to educate about the good, the bad, and the ugly of alcohol. Come learn the ABC's of BAC.

PA STOP & START - There is More to Come

Kathrine Muller & Scot Fleming

In this workshop participants will view and review the newest media materials from PA STOP, focused on opiate prevention/misuse and will include the recently developed "Anyone Can Make the Difference" videos and public service announcements. They will also see the newly developed collaborative products from the PA START Campaign which delivers a primary prevention message that supports evidence-based programs. Results oriented ideas and creative use of materials from across the state will be shared.