

# Resources and Ideas from SCA Prevention Networking Session

## 2/17/22

Outlined below are the updates, activities, ideas and resources shared.

### Successes

- Held sober tailgate with two school districts in the fall. For one district the tailgate occurred before powderpuff football game. The game is held as a fundraiser, and the student council voted to have half of proceeds be donated to SCA. To give back the SCA is partnering with bowling alley to allow 4<sup>th</sup> and 5<sup>th</sup> grade students who completed Too Good for Drugs and their families to go bowling (includes food and prizes). Tailgate event included lawn games (e.g. corn hole) and “challenges” which included questions/trivia for that school district, questions specific to football and ATOD related questions (also included challenges/trivia for parents). Also gave out medication lock boxes, Deterra deactivation bags and Dispose Rx pouches. Along with the lock box, etc. was information for preparing for college visits. Reach out to Karen Orner for more info: [korner@cjdac.org](mailto:korner@cjdac.org).
- Looking at how can establish focus groups and utilize graduate student intern to help improve media/messaging. Starting with messaging on gambling and older adults. Process of design and then sending through focus group will take more time but will be a good practice.
- County planning commission reached out to partner on safe medication disposal as they are concerned about protecting water supply/environment. New, non-traditional partner and they may purchase drug disposal bags.
- Using CBITS and Bounce Back. Have five groups up and running. Schools have been very supportive. Will be working with local child advocacy center to offer CBITS Families Plus to also work with the parents/guardians.
- Collaborating with Area Agency on Aging to offer training and support for kinship families (including families with grandparents raising grandchildren). Holding a two-day retreat for kinship families with workshops, panel discussion and other activities.

### Questions

- With increases in depression and mental health concerns considering adding a new priority risk factor to prevention plan. Have others considered something similar?
  - No one shared they had been considering, but some already had it as a priority risk factor.
- Any suggestions of updated vaping education resources?
  - Resource for parents: <https://drugfree.org/wp-content/uploads/2018/11/What-You-Need-to-Know-and-How-to-Talk-to-Your-Kids-About-Vaping-Guide-Partnership-for-Drug-Free-Kids.pdf>
  - Catch My Breath program - <https://catch.org/program/vaping-prevention/>
    - User friendly, good program, well-received
  - Everfi program - <https://everfi.com/courses/k-12/vaping-programs-for-high-school-students/>
  - Council on Chemical Abuse has developed a vaping PowerPoint for upper elm and middle school for one time speaking engagements. Also have done video PSA reminding of the school policy for a district and a 15 min educational video for policy violators for that district. (More info contact: [jsteed@cocaberks.org](mailto:jsteed@cocaberks.org))
  - PASTart campaign toolkit for parents, teachers, SAP teams, etc. You can drop your logo or program information on the bottom of page 2: <https://pastart.org/families-communities/family-toolkits/cas-toolkit-vaping/>

- What have been experiences with vape detectors?
  - Cambria County school districts have shared positive feedback, have allowed them connect students to SAP and other services. Each purchased a different type and the quality of type purchased may impact how well detector works. Brands purchased include: VERKADA, FLYSENSE, ZEPTIVE, HALO.
  - Bradford County – One district has found to be a nuisance because it goes off so frequently and lack staff capacity to follow-up when goes off.
  - There are detectors that can determine what is being vaped (e.g. marijuana, nicotine).
  - Bucks County – Feedback from schools hasn't been very positive.
  - Lebanon County – Schools like them (feedback has been positive). Do say they go off a lot, but have plan/protocols to manage.
- Has anyone had schools who took PAYS paper/pencil give their students an additional survey with the COVID impact questions that were only asked on online version of PAYS?
  - No one shared of schools who have done this or are considering it.
- How are others doing with evaluation efforts?
  - Consultants are a big help
  - SurveyMonkey has been a useful tool
  - Anyone who has questions about Phase G evaluation report or needs any support as work on evaluation report is welcome to reach out to assigned DDAP prevention analyst or Janie Braid, [jlb110@psu.edu](mailto:jlb110@psu.edu), at EPIS (don't need to wait till training in May).

### **Training Needs**

- Training for those who supervise prevention programs/staff
- Training for provider staff on self-care and managing COVID fatigue

### **CPA Updates**

- PA Prevention Week is week of May 8-14. CPA and partners will kick off week with press conference in Harrisburg on May 9<sup>th</sup> from 11-12. Interested in collaborating with CPA to host a press conference in your community during prevention week? See all details [here](#).
- CPA/CTC regional meetings will be virtual statewide meetings. On March 21<sup>st</sup> EPIS Implementation Specialists team will be presenting. On May 16<sup>th</sup> Dr. Aaron Weiner will be presenting on self-care/mental hygiene. See details [here](#).
- CPA conference coming up June 21-24. Will be hybrid (in-person and virtual).

### **DDAP Updates**

- Substance Abuse Prevention Skills Training (SAPST) to be held April 25-28 at DoubleTree in Mars, PA. Can register via TMS. This four-day course focuses on the Strategic Prevention Framework and is a great foundational course for individuals new to prevention.
- EPIS will be offering a Social Development Strategy facilitator training. Learn more by watching [this video](#). If interested in this training opportunity, complete [this form](#).
- [Prevention Monitoring Best Practice Guide](#) was created for SCAs. A webinar providing overview of this guide for SCA staff will be held March 8<sup>th</sup> from 3:00-4:00.
- PA Cross Systems Prevention Workgroup has developed a [Statewide Youth Behavioral Health Risk and Protective Factor Assessment](#). This report examines many of the risk and protective factors associated with six health risk behaviors, including substance misuse.